



CAMPAIGN UPDATE

OCTOBER 2021

The Jersey Youth Parliament is a group that works together to find out what is important to other young people. They then share their findings with the people who make decisions that affect young people.

We would like make changes to help young people stay well in mind and body. We think there should be;



- Better facilities for young people if they are sick
- Better services and care
- Help young people to stay well
- Help young people to learn about their mental health and well being in schools

The Mental Health Campaign Group



We have been working for 6 months and during this time we have listened to the views of others and met with experts.



We have looked at the results of our survey that we shared with young people.



We have learnt that young people have experienced poor mental health but they also have lots of ideas on how to make improvements for the future. They did not always know where to get support.



We have shared our experiences and work with politicians and people who make decisions about mental health care for young people.



We have asked for their help, for them to listen, consider the actual needs of young people and invest in services.

We will continue to work towards reducing stigma about mental health.